Ex N' Flex
TECOGICS SCIENTIFIC

EF-100 ARM THERAPY MACHINE



The Ex N' Flex EF-100 Arm Therapy Machine has been designed for those who have little or no control over arm, shoulder, and trunk movement.

The EF-100 is very compact, lightweight and easily moveable with specially designed wheels and lockdowns.

The highly accessible control panel offers easy operation, a bio feedback indicator, forward and reverse directions, timer and three speed levels for passive or active therapy.

The EF-100 is height adjustable to allow use from any chair or wheelchair. Security is assured with a specially designed arm carriage and an automatic safety shutdown.

The patented bio feedback indicator provides you with a measurement of the amount of active work being done, as well as measuring the amount of resistance caused by inflexible or contracted limbs.

ACTIVE MODE

This mode allows you to assist the motor by moving the arm crank using your strength. This builds and maintains strength and endurance in the arm and shoulder.

INCREASES

- Strength and Endurance
- Flexibility
- Circulation
- Energy
- Cardiovascular Efficiency
- Coordination

DECREASES

- Spasms and Stiffness
- Edema



PASSIVE MODE

Arms and shoulders are rotated by the electrical motor in a slow, predictable, orbital motion. This provides daily range of motion and helps prevent atrophy of joints, muscles, tendons and ligaments.

Potential Benefits:

- Maintains Flexibility
- Relief of Joint Pain and Stiffness
- Increases Circulation
- Decreases Spasticity
- Decreases Edema



SPECIFICATIONS

- Speed - 8 to 14 rpm
- 3 Rotation Speeds
- Forward and Reverse
- Patented BioFeedback Display
- Trip and Total Distance
- Exercise Timer
- Automatic Safety Shutdown
- Long Life Motor
- Canada and U.S. Class 1 Medical Device
- Height - 27" adjustable to 37"
- Length - 22" / Width - 20"
- Weight - 32lbs / 14 kg
- Power: 110 or 220 VAC

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